

# BLOOM: Discover a NEW Parenting Experience

**#PetalPower** enhances expressions of love and communication within families.

If there is one thing we have learned in our families, it is that loving communication improves our relationships. But, sometimes, we are not sure what to say or do to tell someone "I appreciate you" in a meaningful way. With our new Bloom Petals, you can say something special to anyone anytime.

**WHAT YOU DO** ~ Cut out a petal, write a message, or fill-in one of our #PetalPower quotes and give it to someone you love. Like...

"I love you because \_\_\_\_\_."

"When you \_\_\_\_\_ I feel loved by you."

"My favorite thing we do together is \_\_\_\_\_."

"When you \_\_\_\_\_ I appreciate you even more."

**HOW YOU SHARE** ~ If you wish, share your #PetalPower by videoing your petal exchange and posting it on Facebook or Twitter. Take a photo of your petal and the person you share it with and post it on Instagram, Google+, Facebook or Twitter. Use hashtags #petalpower and #bloomp parenting.

@drlynnkenney @kidlutions @unhookedbooks  
#bloomp parenting #petalpower



50 things to say, think and do, with anxious, angry and over-the-top kids

